ORAL HYGIENE DAY CELEBRATIONS 2021 28-07-2021 TO 06-08-2021

TAGORE DENTAL COLLEGE & HOSPITAL DEPARTMENT OF PERIODONTICS

T
Public Awareness Programme
Oral Health Awareness Campaign
28.07.2021 to 06.08.2021
Wednesday to Friday
Alapakkam, Sadhanandapuram, Nedunkundram, Vengadamangalam and Rathinamangalam
Department of Periodontics in collaboration with NSS Unit
150

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Dr. C.J.VENKATA KRISHMAN, M.D.S., Ph.D.,
PRINCIPAL
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Solalar.

DEPARTMENT OF PERIODONTICS TAGORE DENTAL COLLEGE & HOSPITAL RATHINAMANGALAM, VANDALUR CHENNAI-600 127.



தாகூர் பல் மருத்துவமனை

ரத்தினமங்களம், மேலக்கோட்டையூர், சென்னை- 600127

ஈறுநோய் சிகிச்சை பிரிவு

ஈறு ஆரோக்கியமில்லை என்றால் என்ன ஆகும் ?



சரியாக பல் துலக்கவில்லையா ?

இதுதான் நடக்ககூடும் !









ஆரம்ப நிலையில் ஆலோசனை பெறுங்கள்

உங்கள் பற்களை பாதுக்காத்துக் கொள்ளுங்கள்



ஒரு நாளைக்கு இரண்டு முறை துலக்குங்கள்

மவுத்வாஷைப் பயன்படுத்துங்கள் .நாக்கை சுத்தம் செய்யுங்கள்





உணவில் அதிகப்படியான [்] சர்க்கரையைத் தவிர்க்கவும்

. ஆரோக்கியமான உணவு சாப்பிட வேண்டும்





நிறைய தண்ணீர் குடிக்க வேண்டும்

ஆறு மாதங்களுக்கு ஒரு முறை பல் மருத்துவரை அணுகுங்கள்



இலவசமாக பல் சுத்தம் செய்யப்படும்

ஆகஸ்ட் 1 முதல் 7 ஆம் தேதி வரை காலை 9 மணி முதல் பிற்பகல் 12 மணி வரை தாகூர் பல் மருத்துவமனை



TAGORE DENTAL COLLEGE AND HOSPITAL

Rathinamangalam, Melakottaiyur (PO), Chennai - 600127

DEPARTMENT OF PERIODONTICS AND IMPLANTOLOGY

WHAT CAN POOR DENTAL HEALTH CAN CAUSE?



NOT BRUSHING PROPERLY? THIS IS WHAT COULD HAPPEN!









SEEK ADVICE EARLY

TAKE CARE OF YOUR TEETH



FREE DENTAL CLEANING

August 2nd to 7th, 2021
Timings: 9.00am to 12.00pm
Tagore Dental College and Hospital



BRUSH TWICE A DAY

USE MOUTHWASH AND TONGUE SCRAPPER





AVOID EXCESS SUGAR

EAT A HEALTHY DIET





DRINK PLENTY OF WATER

VISIT
DENTIST 6 MONTH ONCE





TAGORE DENTAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai -600 127, Ph: 30102222 Recognized by The Dental Council of India, New Delhi Affiliated to the Tamilnadu Dr. M.G.R. Medical University, Chennai.

DEPARTMENT OF PERIODONTICS

Email: perio@tagoredch.in

TDCH/PERIO/11-2021

26/07/2021

CIRCULAR

To commemorate oral hygiene day on August 1st, Department of periodontics in collaboration with the NSS unit will be organizing oral hygiene awareness program in 5 villages from 28/07/2021 to 30/07/2021. Free hand scaling will be done for patients from August 2nd to August 6th 2021 in the department of periodontics.

HEAD OF DEPARTMENT

PRINCIPAL.

Redg Office: No:25, Mahalingam Street, Mahalingapuram, Chennai- 600017. Ph: 044 -28173772/28175144

Tagore Dental College & Hospital

Department of Periodontics

Oral Hygiene Day Celebrations 2021

The Department of Periodontics, Tagore Dental College in association with National Service Scheme (NSS) unit commemorated Oral Hygiene Day 2021 with various activities planned across 10 days i.e. Wednesday, 28.07.2021 to Friday, 06.08.2021.

28.07.2021 - 30.07.2021 - Oral Health Awareness Campaign

The Department of Periodontics, Tagore Dental College organized an awareness camp for public on oral hygiene for residents of surrounding villages – Alapakkam, Sadhanandapuram, Nedunkundram, Vengadamangalam and Rathinamangalam. The event was focused on informing the people about good oral hygiene practices and free hand scaling camp organized at Tagore Dental College through the first week of August.

The team consisted of Dr.B.Bhuvaneswari, Dr.T.Parthasaradhi, Dr.R.Priyadarshni, Dr.Juala Catherine, Dr.Vignesh Vikram, Dr.P.Sathyashri and interns Ms.Kavitha, Ms.Harshitha Balaji, Ms.Ishwarya, Ms.Kanimozhi, Mr.Kabilan, Mr.Karthik, Mr.Harshavardhana from the department of Periodontics and Dr.Manoj Kumar, Dr.Kumara Raja and interns Mr.Vijay, Mr.Surya, Mr.Sudarshan, Mr.Yoganathan, Mr.Tanish, Mr.Syed Sajjad Ahmed, Ms.Suhasini, Ms.Varshini, Ms.Swetha.S, Ms.Yazhini, Mr.Vinith Kumar and Mr.Ravin Kumar on behalf of the NSS Unit.

The interns were divided into three groups and went to the various villages to interact with the public and handed out pamphlets in English and Tamil languages illustrating the

importance of good oral hygiene and describing proper oral hygiene practices. An audio announcement was also made during pamphlet distribution for wider reach of the awareness programme.

An oral hygiene awareness video was also made by the students and aired in local television channels to spread awareness about the importance of oral health in systemic health.

All the participants were actively asked to interact and discuss about oral hygiene practices to be followed by them and the requirements of better oral hygiene maintenance.

<u>02.08.2021 - 06.08.2021 - Free Hand scaling</u>

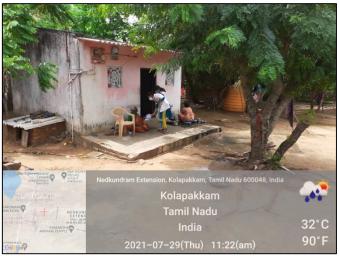
The programme concluded with free hand scaling procedure following Covid protocols offered for residents of the surrounding villages through the week from 2nd August 2021 till 6th August 2021. Ultrasonic scaling was not preferred due to risk of aerosol contamination and viral transmission in the time of pandemic. A total of 150 participants were benefitted out of this programme.



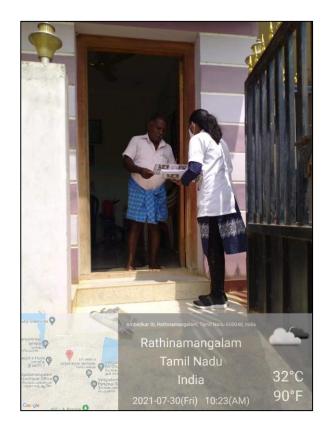


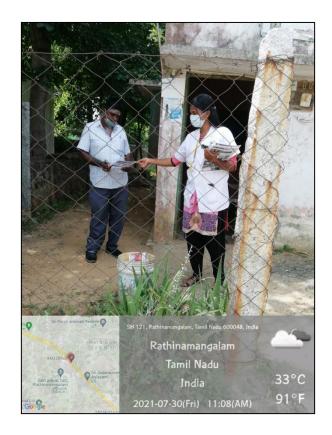


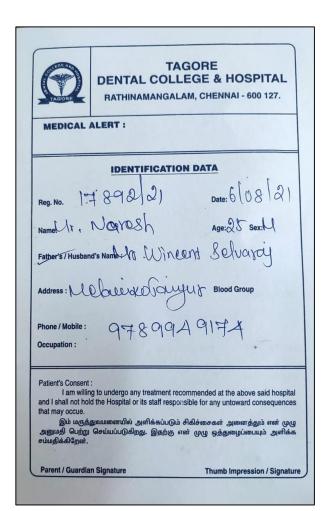












Date	WORK DONE	Students Name & Staff Signature
	Hard fosue! ? Severe	10/20/3
	Calculus - Moderate	
	Status - Moderate	
	a deposit in the teach	
	english for past a year	
	Diagnosis:	
	Chronic generalised	
	वित्वर्थनेंड ल विकास के निक्	
	Theatment plan:	
	Patient is advised for	
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	of oral hygrene auconomess	
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	Case alloted to s. Krythieka	

